

OCTOBER KNICKERTICKER

2025



440-871-3234
27100 KNICKERBOCKER RD.
BAY VILLAGE, OH 44140
WWW.KNICKERBOCKERAPARTMENTS.ORG

Knickerbocker Office Hours

Monday - Friday 8 a.m. - 4 p.m.

Activities Hours:

Tuesdays and Wednesdays 8:30 a.m. to 4:30 p.m.



**Our birthday celebration will be on Thursday,
October 16 at 2:30 p.m. in the Social Hall.**

All are welcome to join us for cake and fun!

Happy Birthday to:

Arline Hartman - October 4

Deborah Blazetic - October 17

Sheila Spicer - October 23

Carl Knappe - October 24

**Want your birthday included? See staff or
slide a note under their door!**

Emergencies - call (440) 871-3234 ext. 9

What is an emergency?

- No heat
- Clogged toilet
- After hours lockout - costs \$10
- Leaks
- Smoke detector
- Elevator out

Smoking is not permitted in the building. In the event you are found guilty of smoking cigarettes in your apartment, it can and will lead to an eviction.

Please do NOT store things in your ovens or microwaves.

The exterminator will be on the 3rd floor on Thursday, October 9 at 10 a.m.



**Dog Grooming In Your Home
Or
Dog/Cat Nail Trimming**

Colleen Bowers
--- 17 years of experience ---

Nail trims are only \$15!

(216) 337-5082

Call or text for an appointment!

Vegetable Boxes

Wednesday, October 1 from 12 - 1 p.m. in the Social Hall

You must sign up for a box.

You may want to share a box with a friend as they are quite large!

Bay Food Pantry Distribution

Friday, October 17

You must pre-register for transportation on the sign-up sheet by the mailboxes. Transportation leaves at 9:00 a.m.. Shopping hours are from 9:00 to 11:00 a.m.

Please contact Carryeane with any questions at: (440) 871-3234 ext. 3



Transportation Schedule

Bay Village Senior Transportation 440-899-3410

Operating hours: 8:30 a.m. until 2 p.m. weekdays.

Calls will be accepted from 9:00 a.m. to 11:00 a.m.. All trips must be scheduled at least **3 business days** prior and can be scheduled up to **3 weeks** in advance. All appointments will be confirmed the **workday** prior to the appointment.

Monday – Medical Appointments 8:30am – 2pm

Tuesday – Medical Appointments 8:30am – 2pm

Wednesday – Grocery Shopping (Heinen's, Marc's, etc.)

- 11:30am – 1:30pm

*We can accommodate up to 10 riders.

Reservations for shuttle must be made before Monday 12:00 PM (noon).

Each shopper is limited to 4 bags

Thursday – Medical Appointments 8:30am – 2pm

Friday – Miscellaneous appointments 8:30am– 2pm

REVISED 6/27/2025

October Activities

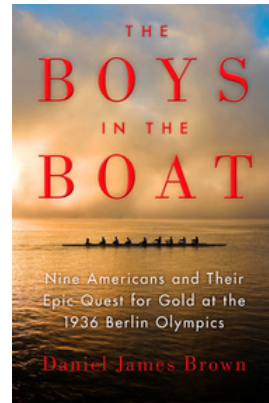
Book Club

When: Tuesday, October 7

Where: Craft Room

Time: 10 a.m. - 11 a.m.

We are discussing *The Boys in the Boat* and will be given *The Man Who Died Twice* for next month.



Craft: Ghost in a Jar

When: Tuesday, October 14

Where: Craft Room

Time: 10 a.m. - 12 p.m.

Join us to make a pet ghost in a terrarium.
Sign-up required on the craft room door.

O'Neill Bingo

When: Tuesday, October 14

Where: Social Hall

Time: 1 p.m. - 2 p.m.

Join us for bingo courtesy of O'Neill Healthcare. All are welcome!



Movie: The Birds

When: Tuesday, October 14

Where: Social Hall

Time: 2 p.m. - 4 p.m.

Popcorn will be provided!

October Activities

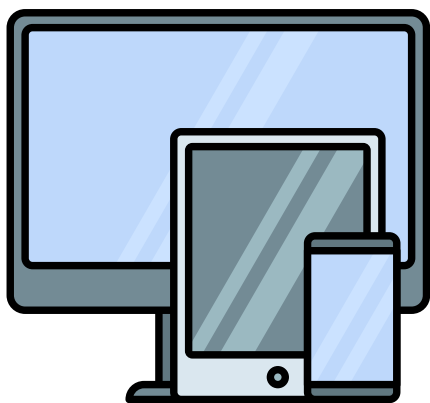
Communion

When: Wednesday, October 15

Where: Social Hall

Time: 10:30 a.m. - 11:45 a.m.

Join us for communion in the Social Hall!



Tech Help & Virtual Reality

When: Wednesday, October 15

Where: Atrium

Time: 2:30 p.m. - 4:30 p.m.

Need help with your phone or computer?

OR want to experience Virtual Reality

Sign-up with Pam for tech help!

Craft: Painting Wooden

Halloween Items

When: Tuesday, October 21

Where: Craft Room

Time: 10 a.m. - 12 p.m.

Join us to paint wooden Halloween nutcrackers and coffins.

Sign-up required on the craft room door.



Movie: Psycho

When: Tuesday, October 15

Where: Social Hall

Time: 2 p.m. - 4 p.m.

Popcorn will be provided!

October Activities

Coffee w/ Mayor Koomar

When: Friday, October 24

Where: Social Hall

Time: 9 a.m.

Join us for coffee and conversation with Mayor Koomar! All are welcome!



Book Talk

When: Tuesday, October 30

Where: Craft Room

Time: 10 a.m. - 12 p.m.

Join us to talk about books, favorite authors, the library, books to share, and anything in between among friends!



Music Bingo w/ Kenny Gilder

When: Tuesday, October 28

Where: Social Hall

Time: 12 p.m. - 1 p.m.

Join us for music bingo with Kenny G. It is \$3 to play. Please see Pam or Carryeanne to reserve your spot!



Trivia w/ Embassy of Rockport

When: Tuesday, October 28

Where: Social Hall

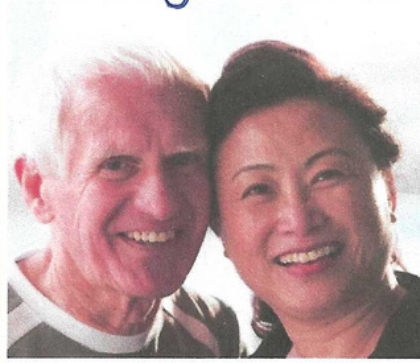
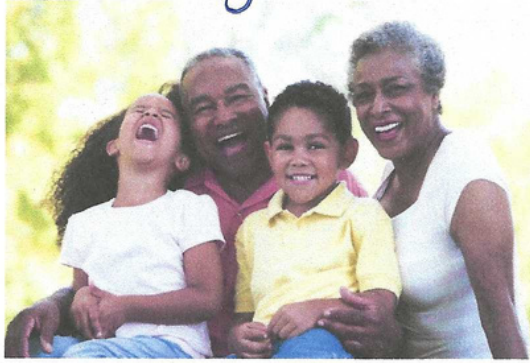
Time: 2:30 - 3:30 p.m.

Join us for a game of trivia!

All are welcome!



Sign up soon, program starts October 1st.



Take Charge of Your Pain!

Living a Healthy Life With Chronic Pain In-Person Workshop

Start feeling better and get back to doing the things you love! Chronic pain—pain lasting six months or more from a variety of causes—can cause you to feel irritable, tired, isolated, or helpless, and keep you from doing the things you enjoy. Join an ***Chronic Pain In-Person Workshop*** and learn proven techniques for safely and effectively managing pain. You'll also learn a safe, no-impact exercise program. You'll receive a *Living a Healthy Life with Chronic Pain* book, *Relaxation CD*, *Exercise CD* and more to guide your progress. Participate in weekly action plans in the class!

**Register NOW for an In-Person
Chronic Pain Workshop at
Knickerbocker Senior Apartments
27100 Knickerbocker Rd
Bay Village, OH 44140**

**6 Wednesdays, 1:00pm-3:30pm
October 1, 2025 - November 5, 2025**

**Call to register at (440)-871-3234 Option 3
Enrollment is open to Seniors!**

Dates subject to change based on enrollment •
Space is limited • Workshops being scheduled ongoing



Chronic Pain Self-Management was developed by Stanford University and is licensed by the Self-Management Resource Center. Fairhill Partners is a 501(c)(3) nonprofit. Programs are made possible in part by an Older Americans Act Grant from Ohio Department of Aging through Western Reserve Area Agency on Aging, Cleveland Foundation Encore Cleveland Initiative, volunteers & gifts to the Fairhill Partners Annual Fund.

Alert Care

Medical Alert Systems

Safe Living at Home and on the GO

Join us on October 7th

@ 2:00p to learn about

a locally owned Emergency Response System Company

See their devices and how they work.

**LEARN HOW YOU CAN HAVE HELP IN
JUST MINUTES**

**Whether you are someone who stays home
or is constantly on the go..they have a
device for you and your budget.**

Choose from Pendants, bracelets

and even smart watches



Autumn Celebration

When: Tuesday October 7
Time: 5 p.m. – 8 p.m.
Where: Social Hall

FOOD • FUN • MUSIC

Dinner will be chili and bread with pastries for dessert. The band Mimix will start performing at 5:30 p.m.. Bring \$2 to Pam or Carryeanne to reserve your spot.

flu shot CLINIC

Knickerbocker Senior Apartments

October 9, 2025

1:00 p.m. - 4:00 p.m.

We offer:

Standard Dose
13-64 years

and

Senior Dose
65+ years

Marc's Pharmacy

No cost with most insurance. Please bring your insurance card with you.



Knick at Night

Join us on Monday, October 13th @
6:30p for Knick at Night. Let's
celebrate Oktoberfest with a Brat
and good conversation and of
course a game or 2 with our friends
from Bay Presbyterian.

Please sign up with
Carryeanne or Pam with \$1.00.

(so we bring enough for all)

If you register, please plan on staying for the
entire Knick at Night program.

It's not about the food,
it's about the friendships we are making.

O'Neill HealthCare of Bay Village
presents

Learning how to navigate through our grief during this holiday season.

It's hard to believe the Holiday Season is upon us! The Holidays affect us all differently. Many of us love this season, the hustle and bustle, snow flying and of course the many parties we will be invited to....

But for many of us, it is a difficult time of year, and we can't wait for it to be over.

Whether you love this season or can't wait until the ball drops on New Year's Eve, learn how to navigate through the Holidays with less grief.

Thursday, October 16th @ 12:00p-1:00p

Light refreshments

Sign up is MANDATORY



BOO VILLAGE

trick or treat

SATURDAY,
OCTOBER 25TH
12-2 PM



**WE NEED YOUR HELP WITH
DONATIONS OF HALLOWEEN
CANDY. COME PASS OUT CANDY
TO THE GHOULS AND GOBLINS.
DRESS UP IN YOUR FAVORITE
COSTUME (OR NOT). PLEASE
LEAVE CANDY DONATIONS WITH
CARRYEANNE.**





Post Office on Wheels Program

Purchase Postage Stamps

Purchase Money Orders

Mail Letters and Packages

(First Class, Priority, Express and Standard)

Special Services Available

(Certified, Insured, Registered & Delivery Confirmation)

NEXT VISIT: Monday October 27th

TIME: 3:35p-3:55p

WHERE: OUTSIDE FRONT DOORS

The Mobile Post Office program is ENDING effective December 2025. If you need to stock up on stamps this is the time to do it. Their last visit to the Knickerbocker will be in December.

Community Member

Group Activities

Pinochle

When: Mondays

Time: 5:00 p.m.



Open Craft Time

When: Wednesdays

Where: Craft Room

Time: 10 a.m. - 12 p.m.

Come hang out and work on your crafts!

Bingo

When: Wednesdays

Time: 7:00 p.m.

We are looking for a bingo caller!



Movie Night

When: Saturday, October 18

Time: 7:00 p.m.

Bring your own snacks!

Morning Coffee

When: Mondays, Wednesdays, & Fridays

Time: 8:30 a.m. - 10:30 a.m.

Bring down your own cup and have a nice conversation with friends.



Happy Hour

When: Thursdays

Where: Social Hall

Time: 6 p.m. - 10 p.m.



Health & Wellness Activities

Chair Yoga

When: Mondays, Wednesdays, & Fridays

Where: Media Room

Time: 12 p.m. - 1 p.m.



Exercise with Jeanine

When: Thursdays

Where: Social Hall

Time: 11 a.m. - 11:45 a.m.

Cost: Free for Silver Sneakers participants;
\$3.00 for all others

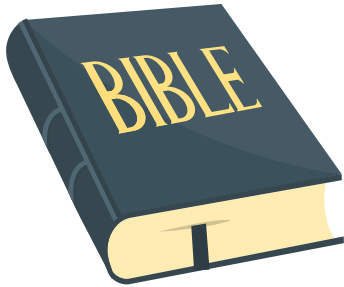
Religion & Worship Activities

Monthly Church Services with Christ Church Westshore

When: Wednesday, October 21

Where: Social Hall

Time: 10:30 a.m. - 12:00 p.m.



Join our friends from Bay Presbyterian for non-denominational Bible study. Coffee and a sweet treat provided.



Bible Study

When: Fridays

Where: Craft Room

Time: 3 p.m. - 4 p.m.

Funnell's Scripture Study

When: Fridays

Where: Craft Room

Time: 7 p.m. - 8 p.m.



St. Raphael's Mass

When: Sundays

Where: Craft Room

Time: 10 a.m. - 11 a.m.

We will be livestreaming the 10 a.m. service from St. Raphael's.



Weekly Church Services

When: Sundays

Where: Social Hall

Time: 10:30 a.m. - 11:30 a.m.

We will be livestreaming the 11 a.m. service from Common Ground Church in Brunswick. Coffee and treats provided.

